

# וּדוּי | Vidui by Rabbi Avi Weiss

 [opensiddur.org/prayers/lunar-cycle/special-days/high-holy-days/life-affirming-vidui-by-rabbi-avi-weiss/](https://opensiddur.org/prayers/lunar-cycle/special-days/high-holy-days/life-affirming-vidui-by-rabbi-avi-weiss/)

September 29, 2016

Source (Hebrew)

Translation (English)

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אָהַבְנוּ,	We have loved,
בֵּרַכְנוּ,	We have blessed,
גָּדַלְנוּ,	We have grown,
דִּבְרַנּוּ יְפִי	We have spoken positively.

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הֶעֱלִינוּ,	We have raised up,
וַחֲסָנוּ,	We have shown compassion,
זָרְזָנוּ,	We have acted enthusiastically,
חָמְלָנוּ,	We have been empathetic,
טִפַּחְנוּ אֶמֶת	We have cultivated truth.

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יַעֲצָנוּ טוֹב,	We have given good advice,
כִּבְדָּנוּ,	We have respected,
לָמַדְנוּ,	We have learned,
מָחֳלָנוּ,	We have forgiven,
נֶחַמְנוּ,	We have comforted,
סָלַלְנוּ,	We have been creative,
עוֹרְרָנוּ,	We have stirred,
פָּעַלְנוּ,	We have been spiritual activists,
צַדִּיקָנוּ,	We have been just,
קוּיָנוּ לְאֶרֶץ	We have longed for Israel.

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רַחֲמָנוּ,	We have been merciful,
שָׂקַדְנוּ,	We have given full effort,
תָּמַכְנוּ,	We have supported,
תָּרַמְנוּ,	We have contributed,
תִּקְנָנוּ	We have repaired.

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